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1 **Performance evaluation of protein recovery from Argentinian soybean extruded-expelled**  
2 **meals under different operating conditions**

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22

23 **Abstract**

24           The soybean extruded-expelled (EE) meals are the byproduct of the process commonly  
25 used by small or medium-sized Argentinian companies for obtaining soy oil. In this work, the  
26 performance of the pH-shifting process for obtaining a protein product from the EE meals was  
27 evaluated as a strategy for on-site value-adding.

28           The EE meals were subjected to the proposed pH-shifting process under different  
29 operating parameters at the alkaline extraction stage (2 and 3 cycles at 55, 60 and 65 °C with and  
30 without sodium sulfite) and isoelectric precipitation stage (0 °C and 20 °C with hydrochloric and  
31 phosphoric acids), which constitute the controlling steps in an industrial scaling of the process.  
32 The pH-shifting process consisting of 3 alkaline extraction cycles at 60 °C followed by  
33 isoelectric precipitation at low temperature using hydrochloric acid was found to be well suited  
34 for obtaining a final product with a protein content upwards of 75 %.

35 **Keywords:** soybean extruded-expelled meals; pH-shifting process; value-adding strategies

## 36 **1. Introduction**

37 Finding food sources for the rapidly growing human population is one of the most  
38 important challenges facing mankind. The demand for protein is particularly heightened by the  
39 changing dietary habits in developing countries, owing to the improving economy and rising per  
40 capita income (Preece et al., 2017). In this context, the use of soybean as a protein source has  
41 seen a significant scientific and technological interest in the last decades, as a viable alternative  
42 to proteins from animal origin, such as milk, meat, and egg (Endres, 2001).

43 During the industrial processing of soybean, the oil is extracted by chemical (solvent  
44 extraction) or physical (expelled-pressed extraction) technologies (Johnson, 2008). The  
45 remaining meal can be used to obtain a protein by-product through an extraction and  
46 concentration process. Such strategy would increase its added-value (Sunley, 1995), offering  
47 advantages such as providing a more concentrated source of protein according to market  
48 requirements, improving the functional properties of proteins, and reducing its undesirable  
49 properties (e.g., anti-nutritional factors).

50 Traditional processing technologies for soybean meal (i.e. resulting from solvent  
51 extraction) have been extensively developed for producing highly soluble protein ingredients  
52 such as concentrates (SPC), isolates (SPI) and texturized products (TSP) (Endres, 2001; Preece  
53 et al., 2017; Wang, et al., 2004). These alternatives include pH-shifting, salting-in extraction,  
54 aqueous alcohol extraction and heat processes (steam injection or jet cooking) (Endress, 2001;  
55 Johnson, 2008).

56

### 57 *1.1 pH-shifting technology*

58 The pH-shifting process, based on the manipulation of the protein solubility as a function  
59 of pH, is a method satisfactorily applied worldwide for protein recovery from different food  
60 matrices, such as soybean (Wang et al., 2004), sunflower (Raphael, 1997), rice (Ju et al., 2001),

61 among others. Moreover, this technology has been commonly adopted by small and medium-  
62 sized companies because it is simpler to scale for their production capacity, and the associated  
63 operating and capital costs are usually smaller (Endress, 2001; Johnson, 2008).

64 The pH-shifting process consists of the extraction and solubilization of proteins at a pH  
65 range of 8-11, followed by the acidification at a pH value of 4.5-4.8 which causes the  
66 insolubilization of approximately 90% of the globular proteins (Nishinari et al., 2014). In  
67 addition, the manipulation of temperature during the precipitation step can assist in separating  
68 proteins from other solubilized components (Barač et al., 2004).

69 The most commonly implemented prior art method for isolating vegetable protein from  
70 soybean meal involves a general step of protein solubilization by addition of alkali during the  
71 extraction stage (Heywood et al., 2002; Sunley, 1995). Several authors have used NaOH for the  
72 alkaline extraction with enhanced results for the refunctionalization of EE meals, since it usually  
73 leads to better results than calcium hydroxide or sodium bicarbonate (Heywood et al., 2002;  
74 Lawhon et al., 1981; Li et al., 2016; Sunley, 1995; Wang et al., 2004). Additionally, the usage of  
75 sodium sulphite during the extraction stage was previously reported as a strategy for lowering the  
76 levels of polyphenols oxidation (Govindaraju, 2003) and reducing disulfide bonds (Raphael,  
77 1997; Yust et al., 2003) during oilseed protein extraction.

78 The operating temperature has been reported in the literature as a relevant condition that  
79 influences the process yield (Preece et al., 2017), within a commonly established range for  
80 soybean protein extraction (Sunley, 1995). Likewise, the usage of two consecutive cycles for the  
81 alkaline extraction of proteins from soybeans is usually recommended in the literature (Sunley,  
82 1995); although previous work by Accoroni (2019) implied the presence of a large quantity of  
83 remnant proteins in the solid at the end of the 2nd processing cycle, thus suggesting the  
84 implementation of a 3rd extraction cycle could improve the overall proteins recovery efficiency.

85           The precipitation stage has the objective of converting soluble proteins into insoluble  
86 ones. The isoelectric point of soy protein fractions (2S, 7S and 11S) varies from pH values of 4.2  
87 to 4.8 (Deak et al., 2008; Endres, 2001), where previous experimental results identified  
88 satisfactory precipitation yields at a pH value of 4.5 (Sunley, 1995). Additionally, decreasing the  
89 operating temperatures at the isoelectric precipitation stage entail an improvement in the amount  
90 of recovered proteins (Raphael, 1997). On the other hand, the usage of hydrochloric acid may not  
91 be advised in the food processing industry due to potential health risks, even if a posterior  
92 neutralization stage is carried out (Heywood et al., 2002); so, usage of phosphoric acid as  
93 alternative precipitation media could be also analyzed by quantifying the variation in the amount  
94 of recovered proteins.

95

#### 96 *1.2 Soybean processing in small and medium-sized companies in Argentina*

97           Extrusion-expelling processing is gaining importance in Argentina, since more than 500  
98 small and medium-sized companies have adopted this technology as it requires a low initial  
99 capital investment. Argentinian processing plants have an average processing capacity of 36  
100 ton/day of soybeans, and represent 10% of the Argentinian soybean production (Juan et al.,  
101 2015). In spite of this relevant fact, limited technological advancements have been accomplished  
102 as to value- adding to the supply chain of the soybean EE meals (Heywood et al., 2002; Wang et  
103 al., 2004). Nevertheless, due to the increased interest in the expansion of the social economy,  
104 understood as the development of small or medium-sized companies and cooperatives, as well as  
105 the increasing importance of soybean protein as a food source, an optimal processing strategy for  
106 obtaining protein products from soybean EE meals has become a relevant challenge in order to  
107 add value to this byproduct.

108           Soybean EE meals present higher digestible energy and amino-acid availability than  
109 solvent meals (Endres, 2001). On the other hand, the disadvantages of soybean EE meals

110 processing, compared with defatted soybean flakes, can be attributed to the remnant anti-  
111 nutritional factors related with the shorter exposure to heat treatment, where the levels of trypsin  
112 inhibitors and nutrient digestibility could be inappropriate for usage as animal feeding or food  
113 ingredient (Endres, 2001). Another potential disadvantage is related to the higher content of  
114 remnant oil that persists in the EE meals due to the lower extraction efficiency for the pressing  
115 process compared with solvent extraction (Li et al., 2016). Additional work should include  
116 microbiological and functional studies for assessing the safety of usage of the protein products  
117 obtained from EE meals as a food ingredient (Heywood, 2001).

118         The soybean EE meals samples were obtained by the extrusion-expelling method at four  
119 processing plants (N1-N4) located in the Argentinian central region. The conditioned soybeans  
120 (dehulled and crushed) were processed in single screw extruders, and exited the die at  
121 temperatures between 125 and 140 °C, before entering the screw presses where the oil is  
122 extracted. Even though an early survey of these producers did not reveal large differences in the  
123 processing conditions, further analysis of the influence of extrusion parameters on the EE meals  
124 quality should be carried out through a rigorous long-term monitoring at each processing  
125 location, since it was previously reported that the EE meals composition varies because of the  
126 implemented technologies during drying, pressing and extrusion (Juan et al., 2015), and that a  
127 more severe thermal treatment usually results in lower value of protein solubility (Campbell,  
128 2010).

129         For using the soybean EE meals as raw material for the pH-shifting process, a previous  
130 grinding step is required, as Rosenthal et al. (1998) found that lower particle sizes resulted in  
131 higher protein and oil extraction yields. The fraction of interest for the subsequent extraction is  
132 comprised of particle sizes between 25-mesh through and 100-mesh retained (Rosenthal et al.,  
133 1998), where D'Emanuele Ares et al. (2017) obtained an 85% recovery of the milled product  
134 with a roller miller at pilot plant scale.

135

### 136 *1.3 Aim and objective*

137           The objective of this work is to implement the pH shifting method, widely applied in the  
138 literature for soy protein extraction from defatted flakes (Deak, et al., 2008; Sunley, 1995; Wang  
139 et al., 2004), to obtain a soy protein product from soybean extruded-expelled meals produced at  
140 different Argentinian establishments. Specifically, different operating conditions are tested at the  
141 alkaline extraction stage (number of cycles, temperature, and addition of an auxiliary reagent)  
142 and at the isoelectric precipitation stage (temperature and precipitating acid), evaluating their  
143 impact on the performance of the pH shifting method, and assessing the overall feasibility of the  
144 proposed strategy.

145

## 146 **2. Materials and methods**

### 147 *2.1 Raw materials characterization*

148           The soybean EE meals samples were obtained by the extrusion-expelling method at  
149 various processing plants (N1-N4) located in the Argentinian central region. Samples were  
150 stored using sealed bags at freezer temperatures (-18 °C) until processing. Analytical methods by  
151 AOAC (2019) were used to determine protein content by Kjeldahl (method 954.01), moisture  
152 content (method 925.10), and crude oil content (method 920.39). The protein solubility index in  
153 potassium hydroxide was determined according to Araba and Dale (1990). The characteristics of  
154 the samples are presented in Table 1 (in dry base), where differences ( $p < 0.05$ ) between samples  
155 are noted in the protein and lipid contents, while no differences ( $p > 0.05$ ) were found for the  
156 moisture content and the KOH protein solubility (see section 2.4 for further details on statistical  
157 analysis). Note that Juan et al. (2015) reported some additional variability in the characteristics  
158 of Argentinian soybean EE meals related for example to crops seasonality and specific  
159 processing parameters in the expelled-pressed process.



160 Urease activity and aflatoxin level were evaluated as anti-nutritional factors. The urease  
161 activity was measured as the pH difference of ammonia released from urea by residual urease  
162 enzyme (method Ba 9-58, AOCS (2017)). The aflatoxin level was determined by the Elisa  
163 method (Leszczyńska et al., 2001). According to Argentinian food quality standards, the allowed  
164 upper level for urease activity is 0.3  $\Delta$ pH, while the allowed upper limit for aflatoxins is 0.03  
165  $\mu$ g/g. Then, it is here observed that both parameters are within acceptable levels for all samples.

166

## 167 *2.2 Experimental methodology*

168 The proposed experimental methodology was designed for evaluating the impact of  
169 variations in the main design and operating variables over the pH-shifting process of soybean  
170 protein extraction from EE meals provided by different processing plants located in Argentina, as  
171 presented in Figure 1. The variables here analyzed are the ones considered inherent to the  
172 processing equipment, which were also previously reported in the literature to have a large  
173 impact on the performance of pH-shifting process (Baracé et al., 2004; Nishinari et al., 2014;  
174 Sunley, 1995; Wang et al., 2004). Other variables were set at values recommended in the  
175 literature, including agitation speed, flour/solvent ratio, particle size distribution and extraction  
176 pH.

177

### 178 *2.2.1 Samples pre-processing*

179 Soybean EE meals were ground into flour using a Blade mill (Sojamet, Argentina). For  
180 sieving, a sieve shaker (Ro-Tap, US) and sieves (Macotest, Argentina) corresponding to the  
181 ASTM series No. 4, 8, 12, 25, 40, and 50, 100 and blind were used. The fraction of interest for  
182 the subsequent extraction was comprised of particle sizes between 25-mesh through and 100-  
183 mesh retained (D'Emanuele Ares et al., 2017), and amounted to 65 % of the milled product at  
184 laboratory scale.

185

### 186 2.2.2 Alkaline Extraction

187 The EE meals flour was mixed with distilled water as solvent, in a solid to liquid ratio of  
188 1:20 g/ml, within a batch extractor with continuous stirring at 140 rpm, where the temperature  
189 was set and maintained at 55, 60 or 65 °C by means of a thermostatic bath (Lauda, Germany).  
190 Immediately, the pH of the mixture was adjusted to 8.5 using a 0.1 N sodium hydroxide solution,  
191 as measured with a pH meter (Hanna, Spain). These adopted operating conditions agree with  
192 those proposed by Sunley (1995) and Wang et al. (2004).

193 The alkaline extraction stage consisted of 2 or 3 cycles spanning 15 minutes each. At  
194 2.5, 5, 10 and 15 minutes of extraction, aliquots of the liquid at the extractor were taken and  
195 filtered, and the soluble protein content was determined by the Bradford technique (Bradford,  
196 1976), measuring the absorbance at 595 nm in a spectrophotometer (UV-1800, Shimadzu,  
197 Japan). Additional experimental runs with 2 or 3 cycles at 60 °C were carried out were 0.25 %  
198 Na<sub>2</sub>SO<sub>3</sub> was added in the first cycle, for testing the impact of sodium sulphite in the extraction  
199 performance.

200 At the end of each extraction cycle, the solid and liquid phases were separated by vacuum  
201 filtration. The solid fraction was used at the subsequent extraction stage, maintaining the same  
202 operating parameters than at the 1st extraction cycle. The moisture content of the filtered residual  
203 EE meal was considered as a reduction in the necessary volume of freshwater in the solid to  
204 liquid ratio calculation of the subsequent cycle. Finally, the liquid extracts obtained from every  
205 cycle were grouped together, while the remnant solid fraction was discarded.

206 In order to determine the soluble proteins profiles, several aliquots of the pooled liquid  
207 extract obtained at different processing temperatures were analyzed by SDS–PAGE. Samples  
208 were solubilized in 0.125 M Tris–HCl buffer and dyed with Coomassie blue R-250. The  
209 homogenate was incubated at 90 °C for 5 min, followed by centrifugation at 8000g for 5 min at

210 room temperature. Then, 20 µg samples were loaded into 12 % polyacrylamide gel slabs. The  
211 electrophoretic pattern of proteins was determined using a constant current of 20 mA per gel.

212

### 213 *2.2.3 Isoelectric precipitation*

214 The obtained pooled liquid extract was cooled down prior to the isoelectric precipitation  
215 stage up to two different levels identified as low and high precipitation temperatures,  
216 corresponding to average values of 0 °C and 20 °C, respectively. Then, the pH of the pooled  
217 liquid extract was lowered to a value of 4.5 under constant agitation at 140 rpm, using  
218 hydrochloric or phosphoric acid, where proteins precipitated and were selectively separated from  
219 the remaining soluble components. Note that the isoelectric precipitation is a fast phenomenon  
220 and almost all proteins with the characteristics of being precipitated came out of the solution  
221 within the first minute (Raphael, 1997).

222 The precipitate was separated by centrifugation as a wet protein product and the residual  
223 liquid fraction was discarded. Then, the obtained product was kept at -18 °C for usage at the  
224 freeze-drying stage.

225

### 226 *2.2.4 Freeze-drying stage*

227 Freeze-drying of the wet protein product was carried out with a laboratory lyophilization  
228 equipment (L-I-E300-CRT, Rificor, Argentina) operated at -35 °C shelf temperature and -40 °C  
229 condenser temperature during 36 hours. Finally, the obtained dry protein product was weighed  
230 and stored for later analysis, using the analytic techniques previously detailed in Section 2.1.

231

## 232 *2.3 Process yield*

233 Different instances of the process yield are hereafter defined in order to evaluate the  
234 performance of the protein recovery process from the soybean EE meals.

235 The alkaline extraction yield  $Y_{E,c}$  (%) defined by Eq. (1), measures the amount of protein  
 236 solubilized during each alkaline extraction step  $c = c1, c2, c3$ (by Bradford, 1976), with respect  
 237 to the initial total protein content of the EE meal (by Kjeldahl; AOAC, 2019).

$$238 \quad Y_{E,c} = \frac{\text{volume of extract [l]} \cdot \text{soluble protein concentration at cycle } c \left[ \frac{\text{g protein}}{\text{l}} \right]}{\text{mass of EE meal [g EE meal]} \cdot \text{initial protein concentration} \left[ \frac{\text{g protein}}{\text{g EE meal}} \right]} \cdot 100 \quad (1)$$

239 The total alkaline extraction yield  $Y_{E,T}$  (%) quantifies the total amount of protein  
 240 solubilized at the two or three extraction cycles, defined by Eq. (2).

$$241 \quad Y_{E,T} = \sum_c Y_{E,c} \quad (2)$$

242 The isoelectric precipitation yield  $Y_P$  (%) defined by Eq. (3), computes the amount of  
 243 protein precipitated at the isoelectric precipitation step (by Kjeldahl; AOAC, 2019), with respect  
 244 to the total protein previously solubilized at the alkaline extraction step (by Bradford, 1976).

$$245 \quad Y_P = \frac{\text{mass of final product [g product]} \cdot \text{final protein concentration} \left[ \frac{\text{g protein}}{\text{g product}} \right]}{\sum_c (\text{volume of extract at cycle } c \text{ [l]} \cdot \text{soluble protein concentration at cycle } c \left[ \frac{\text{g protein}}{\text{l}} \right])} \cdot 100 \quad (3)$$

246 The protein recovery yield  $Y_T$  (%) defined by Eq. (4), quantifies the total recovered  
 247 protein throughout the pH-shifting process, with respect to the initial total protein content of the  
 248 EE meal (both by Kjeldahl; AOAC, 2019).

$$249 \quad Y_T = \frac{\text{mass of final product [g product]} \cdot \text{final protein concentration} \left[ \frac{\text{g protein}}{\text{g product}} \right]}{\text{mass of EE meal [g EE meal]} \cdot \text{initial protein concentration} \left[ \frac{\text{g protein}}{\text{g EE meal}} \right]} \cdot 100 \quad (4)$$

250 The productivity of the pH-shifting process  $P_T$  (kg product/kg EE meal) is defined by Eq.  
 251 (5), as the quantity of protein product obtained per kilogram of processed EE meal.

$$252 \quad P_T = \frac{\text{mass of final product [kg product]}}{\text{mass of EE meal [kg EE meal]}} \quad (5)$$

253

## 254 2.4 Statistical analysis

255 Comprising samples obtained from the four processing plants, 28 experimental runs were  
 256 carried out for testing the previously described different operating conditions at the pH-shifting

257 process. The obtained data were processed in order to compute the yields and productivity, and  
258 were subjected to analysis of variance (one-way ANOVA), assuming normal distribution with a  
259 two-sided confidence level of 95 % ( $\alpha=0.05$ ). Experimental measurements were performed at  
260 least by duplicate, and the obtained results are here presented as the mean value with its standard  
261 deviation. Note that different letters next to the experimental values indicate that significant  
262 differences were found among them.

263

### 264 **3. Results and discussion**

#### 265 *3.1 Performance evaluation of the alkaline extraction stage*

266 Figure 2 presents the evolution of the soluble protein concentration (g protein/l) at each  
267 extraction stage, exemplified for an operating temperature of 60 °C, noting that similar results  
268 were obtained for 55 and 65 °C. A final average protein concentration of  $17.0\pm 5.6$  g/l is obtained  
269 at the 1st cycle, , while this value decreases to  $10.3\pm 4.1$  g/l for the 2nd cycle and  $5.7\pm 3.1$  g/l for  
270 the 3rd cycle, since the rate of mass transfer decreases with the decrease in protein content in the  
271 meal (note that freshwater was used as solvent in each extraction cycle).

272 Another consequence of the decreasing driving force for mass transfer is that the soluble  
273 proteins concentration remains almost constant from 10 minutes up to the end of the extraction  
274 cycle. Other authors previously concluded that prolonged extraction times may lead to protein  
275 denaturalization when using alkaline solutions (Raphael, 1997; Wang et al., 2004). Therefore,  
276 savings on operating costs, including decreased processing time and usage of heating agent, may  
277 be attained if the extraction process is ended at the 10 minutes mark.

278 Figure 3 portrays the alkaline extraction yields  $Y_{E,c}$  (%) for 3 extraction cycles operating  
279 at temperatures of 55, 60 and 65 °C. Significant differences ( $p<0.05$ ) are found for the final  
280 soluble protein concentration and the corresponding total alkaline extraction yields  $Y_{E,T}$  among  
281 the three different processing temperatures, as noted by the different letters above the respective

282 columns. The observed increment in protein concentration is a consequence of increased protein  
283 solubility at higher temperatures, considering that the process of thermal-denaturation for soy  
284 proteins begins at around 72 °C for  $\beta$ -conglycinin (Endres, 2001), which imposes an upper limit  
285 for the operating temperature at the extraction process. In addition, heating temperatures over 70  
286 °C also cause dissociation of the quaternary structures of proteins, with the consequent unstable  
287 structure being susceptible to protein aggregates via different interchange mechanisms (Barac et  
288 al., 2004).

289         A weaker dependence of the soluble proteins concentration on temperature was observed  
290 during the 2nd extraction cycle with respect to the 1st cycle, since the rate of mass transfer  
291 decreases with the decrease in protein content in the meal. For the 1st cycle, the variation in the  
292 extraction temperature from 55 °C to 60 °C and from 60 °C to 65 °C increases the extraction  
293 yield on average  $10.6\pm 1.6$  % and  $15.5\pm 0.7$  %, respectively. Meanwhile, for the 2nd cycle, the  
294 extraction yield remains almost invariable with the extraction temperature, where an average  
295 value of  $23.7\pm 0.4$  % was achieved.

296         When using only two extraction cycles, a considerable amount of soluble proteins still  
297 remained non-extracted in the EE meal sample. It was then observed that the additional 3rd cycle  
298 recovers an extra average  $12.8\pm 0.2$  %,  $12.1\pm 2.3$  % and  $8.2\pm 0.1$  % of the soluble proteins from  
299 the EE meals when operating at 55, 60 and 65 °C, respectively. Then, the effectiveness of this  
300 strategy decreases with temperature as a consequence of the lower driving force for mass  
301 transfer, where the gain in per-cycle-yield  $Y_{E,c}$  is incrementally lower, but otherwise allows  
302 reaching higher values of the total protein recovery  $Y_{E,T}$ . Therefore, the cost-benefit ratio of the  
303 introduction of a 3rd extraction cycle in the process should be thoroughly analyzed as this  
304 strategy was previously successfully implemented for example for protein recovery from fish  
305 (Reinheimer et al., 2013).

306           The impact of sodium sulphite in the extraction performance was tested by additional  
307 experimental runs with 2 or 3 cycles at 60 °C where 0.25 % Na<sub>2</sub>SO<sub>3</sub> was added in the first cycle,  
308 as suggested in the literature (Govindaraju, 2003; Raphael, 1997; Yust et al., 2003). For the  
309 protein recovery from soybean EE meals, no significant differences ( $p>0.05$ ) in the extraction  
310 yield  $Y_{E,c}$  were observed between the experimental runs with and without the addition of sodium  
311 sulfite, thus rendering this strategy unadvisable as it incurs in additional material costs.  
312 Additionally, a strong sulfur odor remained in the liquid extract, which would likely cause  
313 unacceptability issues if used in a product for human consumption.

314           Figure 4 presents two randomly selected samples where the recovered protein profiles  
315 were analyzed by means of the SDS-PAGE method (note that similar results were obtained  
316 throughout the rest of the analyzed aliquots, see section 2.2.2). Here, no noticeable differences  
317 are observed at the distribution of the protein molecular weights nor between extraction cycles  
318 neither between operating temperatures. Soybean proteins can be classified according to their  
319 sedimentation coefficients, and three main groups can be appreciated. The 7S fraction consists of  
320 the globulin subunits  $\alpha$  (67 kDa),  $\alpha'$  (71 kDa) and  $\beta$  (50 kDa); while the 11S fraction comprises  
321 two main subunits with molecular weights of 35 and 20 kDa. The 7S ( $\beta$ -conglycinin) and 11S  
322 (glycinin) fractions represent approximately 80 % of the total soybean proteins (Nishinari et al.,  
323 2014). The molecular weight of proteins in the 2S fraction (conglycin) is the range of 8-20 kDa.  
324 These proteins confer to the product foaming, emulsification and water holding capacity (Tay et  
325 al. 2006), and contain essential amino-acids as a nutrition source (Hidayat et al. 2011).

326

### 327 *3.2 Overall performance evaluation of the pH-shifting process*

328           The overall performance of the ph-shifting process was analyzed as reported in Table 2  
329 by computing the isoelectric precipitation yield  $Y_p$  (%), the protein recovery yield  $Y_T$  (%), the  
330 productivity  $P_T$  (kg product/kg EE meal), and the protein concentration in the final product  $C_T$

331 (% , in dry base). No significant differences were found between the yields and productivity when  
332 comparing the process performance for high and low precipitation temperatures. Then, savings  
333 on cooling services may be achieved if the operative temperature of the precipitation stage was  
334 only lowered to around 20 °C (instead of the usually proposed value of 0 °C).

335         Phosphoric acid was used in additional experimental runs to test the feasibility of  
336 replacing the hydrochloric acid for lowering the pH of the solution during the precipitation stage.  
337 No significant differences were found for the yields and productivity between experimental runs  
338 with phosphoric and hydrochloric acids. Therefore, in order to avoid potential health risks  
339 associated to the usage of hydrochloric acid in food products for human consumption,  
340 precipitating with phosphoric acid may constitute a technically feasible alternative.

341         The overall performance of the pH-shifting process was furthermore evaluated with  
342 respect to the operating conditions during the alkaline extraction stage, as reported in Table 3, by  
343 means of the protein recovery yield  $Y_T$  (%), the productivity  $P_T$  (kg product/kg EE meal), and the  
344 protein concentration in the final product  $C_T$  (% , in dry base). It was observed that the extraction  
345 temperature does not significantly impact the overall process performance, as similar values of  
346 the recovery yield and productivity are obtained. During soy protein isolate production, Rickert  
347 et al. (2004) revealed that soy isoflavone proteins content decreased at the final protein product  
348 when the extraction temperature increased at the same pH value. Therefore, it may seem  
349 preferable to operate at a lower temperature at the extraction stage, since fewer resources would  
350 be consumed in heating the solvent. On the other hand, using three extraction cycles instead of  
351 two significantly increased the protein recovery yield and productivity, as a larger amount of  
352 soluble proteins are recovered in the additional 3rd extraction cycle.

353         Regarding the protein concentration in the final product, no significant differences were  
354 observed as a function of the tested operating conditions of the extraction and precipitation steps.  
355 Even though, the final protein concentration was larger than 60 % in most experimental runs, and



356 values upwards of 75 % were obtained for individual experimental runs with 3 extraction cycles  
357 at 60 °C and precipitation at low temperature with HCl, which translates in a final product with  
358 high value-added.

359 Results obtained at individual experimental runs with 3 extraction cycles at 60 °C and  
360 precipitation at low temperature with HCl are comparable to the values reported by Wang et al.  
361 (2004) for EE meals with low protein dispersibility index with one alkaline extraction cycle  
362 under similar operating conditions. Similarly, Sunley (1995) obtained higher yields and final  
363 protein contents when using hexane-defatted soy white flakes as raw material, aided by the  
364 lower residual oil content of the flakes. As analyzed samples of Argentinian soybean EE meals  
365 presented lower initial protein contents, additional extraction cycles were here required to secure  
366 similar values of the overall process yields.

367 Even though lipid reduction was not an explicit target of the ph-shifting process, similar  
368 percentage values of the lipid content were found between the EE meals and the protein  
369 products, according to the values reported by Godoy et al. (2019). The mass of the EE meal used  
370 as raw material was around double that of the final freeze-dried protein product, and  
371 consequently, the residual EE meal. Therefore, through a mass balance, it is found that the lipid  
372 mass was almost halved between both the residual EE meal and the protein product. This split of  
373 the lipid mass occurred as the hot water emulsified part of the oil during the alkaline leaching  
374 step, that then precipitated because of the pH-shift. The rest of the lipid mass remained in the  
375 residual EE meal forming lipid-protein interactions, which cause an undesirable reduction of the  
376 foaming capacity of the protein product (Lamsal et al., 2006). Consequently, the methodology here  
377 implemented allowed overcoming the disadvantage of using EE meals in the pH-shifting process  
378 associated with its larger lipid content (with respect to other commonly used raw materials), by  
379 halving the lipid mass of the final protein product.

380

381 **4. Conclusions**

382 In this work, the performance evaluation of the pH-shifting process for obtaining protein  
383 products from soybean extruded-expelled meals was addressed. The methodology here proposed  
384 intends to provide a novel alternative for further value-adding at a large number of small to  
385 medium-sized processing plants located in the Argentinian central region, for which the EE  
386 meals are a low-value byproduct of the extrusion-expelling process for producing soy oil.

387 Different operating conditions at the alkaline extraction stage were comprehensively  
388 tested, including 2 and 3 cycles at 55, 60 and 65 °C with and without sodium sulfite. At the  
389 isoelectric precipitation stage, the impact of two operating temperatures of 0 °C and 20 °C was  
390 evaluated, while using hydrochloric and phosphoric acids for lowering the pH. The results of  
391 several experimental runs were processed in order to determine which ones significantly impact  
392 different indicators of the process performance, including the extraction and overall yield,  
393 productivity and protein concentration in the final product.

394 Higher temperatures and the addition of a 3rd cycle increased the alkaline extraction  
395 yield. However, the isoelectric precipitation yield, protein recovery yield and productivity did  
396 not present significant differences with respect to the extraction temperature, being then  
397 preferred operating at a lower extraction temperature in order to decrease the heating  
398 requirement of this stage. At the isoelectric precipitation, the operating temperature did not  
399 significantly affect the performance indicators when using hydrochloric acid. On the other hand,  
400 the use of phosphoric acid as precipitation media may be further evaluated as a feasible  
401 alternative since similar yields and productivity were observed, while being its usage safer in  
402 food products for human consumption.

403 A compromise alternative from the technical viewpoint comprises extracting with 3  
404 cycles at 60 °C, followed by a precipitation at low temperature using hydrochloric acid. These  
405 operating conditions enable achieving an overall protein recovery yield of 45-50 % and a

406 productivity of 0.25-0.28 kg of protein product per kg of soybean EE meal, with a final protein  
407 concentration mostly larger than 60 % and the possibility of getting values upwards of 75 %. In  
408 this context, the industrial scaling of the protein recovery from soybean EE meals by means of  
409 the pH-shifting process should take into consideration the economics of the project as well as the  
410 environmental impact of the implemented solution.

411

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417

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**Table 1** Characteristics of the soybean EE meals obtained from four Argentinian processing plants (different letters in a row indicate significant differences between samples)

Composition	N1	N2	N3	N4
Protein (%)	43.06 ± 0.45 (b)	44.80 ± 1.52 (a,b)	43.75 ± 0.21 (a,b)	47.40 ± 0.81 (a)
Moisture (%)	7.55 ± 0.78 (a)	5.95 ± 1.49 (a)	7.69 ± 0.33 (a)	6.97 ± 1.25 (a)
Crude oil content (%)	6.74 ± 0.49 (b)	7.83 ± 0.89 (a)	7.53 ± 0.66 (a)	6.26 ± 0.68 (b)
KOH protein solubility (%)	87.80 ± 0.63 (a)	87.91 ± 0.17 (a)	89.31 ± 1.45 (a)	88.46 ± 0.63 (a)
Aflatoxins (µg/g)	0.0069 ± 0.001	<0.0017	0.0046 ± 0.001	<0.0017
Urease activity (ΔpH)	0.071 ± 0.0073	0.093 ± 0.0045	0.046 ± 0.0049	0.026 ± 0.0031

**Table 2** Performance of the pH shifting process for different operating conditions at the isoelectric precipitation stage (different letters in a column indicate significant differences for different operating conditions)

Conditions at the isoelectric precipitation stage	Isoelectric precipitation yield - $Y_P$ (%)	Protein recovery yield - $Y_T$ (%)	Productivity of the pH-shifting process - $P_T$ (kg/kg)	Protein concentration in the final product - $C_T$ (%)
Precipitation with HCl at low temperature	58.40 ± 11.82 (a)	48.21 ± 8.08 (a)	0.2701 ± 0.0582 (a)	63.92 ± 10.0 (a)
Precipitation with HCl at high temperature	54.29 ± 9.50 (a)	41.33 ± 9.20 (a)	0.2295 ± 0.0437 (a)	60.93 ± 4.45 (a)
Precipitation with H <sub>3</sub> PO <sub>4</sub> at low temperature	54.40 ± 10.93 (a)	47.11 ± 8.01 (a)	0.2715 ± 0.0496 (a)	54.48 ± 8.01 (a)
p-value	0.673	0.243	0.289	0.574

**Table 3** Performance of the pH shifting process for different operating conditions at the alkaline extraction stage (different letters in a column indicate significant differences for different operating conditions)

Conditions at the alkaline extraction stage	Isoelectric precipitation yield - $Y_P$ (%)	Protein recovery yield - $Y_T$ (%)	Productivity of the pH-shifting process - $P_T$ (kg/kg)	Protein concentration in the final product - $C_T$ (%)
Extraction at 55 °C	72.30 ± 2.19 (a)	52.53 ± 1.59 (a)	0.3062 ± 0.0034 (a)	54.03 ± 1.59 (a)
Extraction at 60 °C	58.79 ± 9.87 (a,b)	46.22 ± 9.30 (a)	0.2585 ± 0.0605 (a)	62.83 ± 8.73 (a)
Extraction at 65 °C	49.06 ± 8.62 (b)	45.71 ± 7.77 (a)	0.2545 ± 0.0476 (a)	63.78 ± 10.0 (a)
p-value	0.008	0.580	0.490	0.629
Extraction with 2 cycles	55.81 ± 8.14 (a)	41.80 ± 7.48 (b)	0.2316 ± 0.0412 (b)	60.66 ± 6.45 (a)
Extraction with 3 cycles	57.38 ± 12.41 (a)	48.92 ± 8.14 (a)	0.2764 ± 0.0588 (a)	63.72 ± 10.2 (a)
p-value	0.737	0.039	0.045	0.528



511 **List of Figures**

512

513 **Fig. 1** Proposed experimental methodology for the recovery of proteins from soybean extruded-  
514 expelled meals

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520 **Fig. 4** Protein profiles of two randomly selected samples for different extraction temperatures,  
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